

	Title	Start Time	Session
1	Beyond Estate Planning	10:00 AM	January 10>Period 1
2	Discussion of the Film Till	10:00 AM	January 10>Period 1
3	Highlights in Science: 2022	10:00 AM	January 10>Period 1
4	Mindful Yoga	10:00 AM	January 10>Period 1
5	Exploring the Music of our Own Personal High School and College Years – (Part 1)	11:30 AM	January 10>Period 2
6	Opera: The Pearl Fishers by Georges Bizet	11:30 AM	January 10>Period 2
7	Sounds of History: Speeches & Oratory in the 20th Century	11:30 AM	January 10>Period 2
8	The Ziegfeld Girls	11:30 AM	January 10>Period 2
9	Climate Change (Part 1)	1:30 PM	January 10>Period 3
10	Voices of the Surrealist Movement	1:30 PM	January 10>Period 3
11	Poet Laureates of the United States: 1937- 2023 (Part 1)	1:30 PM	January 10>Period 3
12	Revocable Living Trusts	10:00 AM	January 17>Period 1
13	Selections from Beatles in Bassa	10:00 AM	January 17>Period 1
14	Mindful Breathwork Pranayama	10:00 AM	January 17>Period 1
15	Evaluation of the Biblical Women (Part 1)	11:30 AM	January 17>Period 2
16	Confederation as the Key to Resolving the Israeli-Palestinian Conflict	11:30 AM	January 17>Period 2
17	The Art of Kehinde Wiley and Jean-Michel Basquiat	11:30 AM	January 17>Period 2
18	Magic Mirror on the Wall (Part 1)	11:30 AM	January 17>Period 2
19	Evaluation of the Biblical Women (Part 2)	1:30 PM	January 17>Period 3
20	Exploring the Music of our Own Personal High School and College Years – (Part 2)	1:30 PM	January 17>Period 3
21	Audrey Hepburn	1:30 PM	January 17>Period 3
22	Edward Hopper	10:00 AM	January 24>Period 1
23	Women Air Force Service Pilots of WWII	10:00 AM	January 24>Period 1
24	Climate Change (Part 2)	10:00 AM	January 24>Period 1
25	How to Begin to Write A Memoir	10:00 AM	January 24>Period 1
26	Blossoming Beyond the Desert: A Feminine Reimagining of the Passover Seder	11:30 AM	January 24>Period 2
27	Opera: Turandot by Giacomo Puccini	11:30 AM	January 24>Period 2
28	Hearing Healthcare in a Changing Landscape	11:30 AM	January 24>Period 2
29	Magic Mirror on the Wall (Part 2)	11:30 AM	January 24>Period 2
30	Great Poets Reading from Their Works	1:30 PM	January 24>Period 3
31	Why Meditate? (Part 1)	1:30 PM	January 24>Period 3
32	Poet Laureates of the United States: 1937- 2023 (Part 2)	1:30 PM	January 24>Period 3

	Title	Start Time	Session
33	Discussion of the Film Till (also given Jan. 10, Period 1)	10:00 AM	January 31>Period 1
34	Conversational Techniques for the Introverted and Opinionated	10:00 AM	January 31>Period 1
35	Hamilton at the White House	10:00 AM	January 31>Period 1
36	Letter to Marc Chagall: The Curious Odyssey of a Holocaust Poem	10:00 AM	January 31>Period 1
37	The Fifty Best Paintings in NYC	11:30 AM	January 31>Period 2
38	Being the Conservator of The New-York Historical Society	11:30 AM	January 31>Period 2
39	Pop Art and Photorealism	11:30 AM	January 31>Period 2
40	Irving Berlin: An American Institution	11:30 AM	January 31>Period 2
41	Exploring the Music of our Own Personal High School and College Years - (Part 3)	1:30 PM	January 31>Period 3
42	Why Meditate? (Part 2)	1:30 PM	January 31>Period 3